

An index and graphic guide to the best Zentangle® patterns  
on the web and how to draw them

**TanglePatterns.com**

## SUBMISSION GUIDELINES

### TANGLE OR DOODLE?

Make sure your pattern meets the criteria distinguishing a tangle from a doodle. Zentangle® is not about planning and making pictures. *A pattern is not always a tangle.* Tangles have very specific attributes:

1. They do not start with pencil planning. They must be simple enough to draw without a preprinted grid or pencil marks that are later erased, or using rulers or stencils etc.
2. They are abstract, non-objective (non-representational) - they are not a representation of a recognizable natural or actual object, figure, or scene.
3. They have no up or down orientation - no "right side up".
4. Generally they are at most 2 or 3 simple lines/strokes repeated. Tangles are easy to teach and offer a high degree of success to tangles of all ages.
5. They are elegant, unique. Steps for a pattern should NOT be drawn on graph paper or paper with gridlines (see #1 above).
6. *Why hasn't my pattern been published?*

### NAMING YOUR PATTERN

As Rick and Maria have written "we describe Zentangle's method as 'non-representational.' It's also why (for the most part) we give our tangles names that have little relationship with what a tangle looks like." See if you can come up with a great "non-representational" name for your tangle too. Be creative!

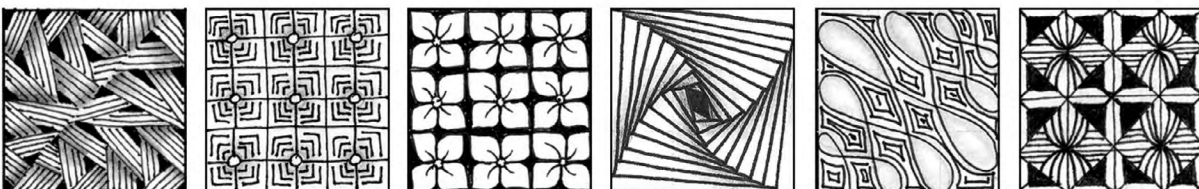
### PREPARING YOUR STEPS & YOUR EXAMPLE

Avoid adding written instructions on the steps. A fine tangle does not require written instructions, the few simple visual steps should "say" it all. Your example should demonstrate how you've used your pattern in a Zentangle. Any additional tangles you include in your example should already appear on TanglePatterns.

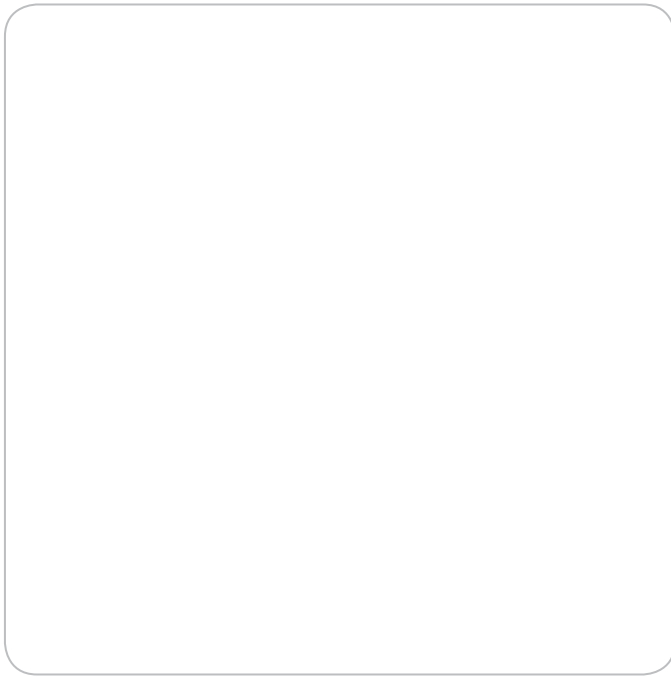
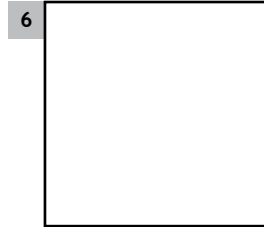
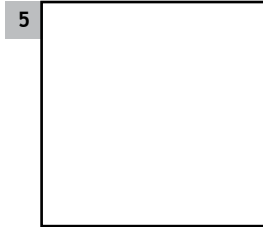
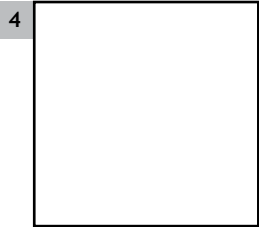
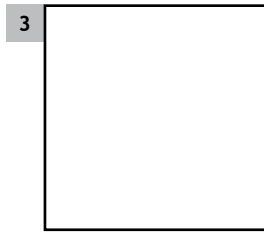
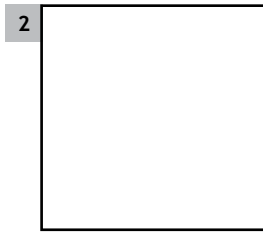
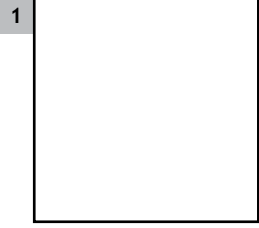
### CHECKLIST: PREPARING YOUR FILE & YOUR EMAIL

1. Scan your finished page as a **jpg file** at **300 dpi in color** so the red instructions show.
2. Email your scan as an **attachment** to: linda@tanglepatterns.com.
3. Your email should include the names of any additional tangles used in your example(s).
4. If this is your first submission, include some biographical details to introduce yourself: where you're from, how you learned about Zentangle, etc.
5. Do not send your email without a message because security software prevents delivery of empty messages with attachments. That means I won't receive your submission.
6. For more information: "*How to submit your pattern deconstruction to TanglePatterns*".

**linda@tanglepatterns.com**



## Tangle Pattern \_\_\_\_\_



Deconstruction By \_\_\_\_\_

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Please do not draw or put information anywhere in this blank area outside the light grey rectangle. Otherwise the image must be shrunk in width to fit the site and that makes the steps too small for many tangles to see.

Thanks!